



# The Emerald Heart Light

## *Hosting an Emerald Heart Gathering*

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### What is an Emerald Heart Gathering?

It is simply a gathering of like-minded people within the Spiritual Light of the Emerald Heart.

### Who can Host a Gathering?

- Almost anyone who truly has a desire to walk a deep and meaningful Spiritual Path.
- It is for those of us who have a true desire to work with the Light and hold it in a Sacred Space for others to bathe within.
- It is for those of us who desire to help ourselves and others to evolve.

### How Does It Work?

It works through a process where the Light is 'seeded' to you and your Gathering by David Ashworth, who is the Source of The Emerald Heart Light on earth. The Light seeds into the Earth Realm directly through David and from him it streams forth to those who choose to work with the Light and Teachings.

Through many years of working with Light, David has been guided to understand certain Universal Laws that have allowed him to earn the right to bring forth this amazing and unlimited Light from the Universe for our spiritual development.

Through the use of a simple protocol, David seeds the Light at a pre-determined time and place where you are holding your Gathering. You will feel the Light strongly. Here is one reply of many, speaking of how powerful the Light is.

### The Light for the Gatherings Consists of Three Streams.

- The Earth Mother brings Energy up from the Earth.
- The Father Heaven brings Light down from the Heavens.

These two forces create a kind of 'pressure-cooker' effect that manifests a truly sacred space for you to conduct your Gathering within. The sense of peace and love in the room can go beyond words.

- The third stream is called The Wisdom Stream.

The Wisdom Stream is brought forth from the source through David's heart and into your heart. Each time you Host a Gathering this stream develops a kind of umbilical cord from The Source, through David's heart and along what we call The Path of Light, through your Mentor's heart and directly to your heart. The Light pours through this cord directly into you and one step at a time you begin to feel the Guidance speaking through you to help you uplift your people. It is a wonderful, gentle unfolding process that expands your consciousness a little at a time. Some have felt the words coming through them from their first Gathering.

## **Stepping Stones**

The Emerald Heart Light is for everyone. It is a wonderful, powerful light that teaches you as you bathe in it. It has an evolutionary consciousness and so it is always trying to guide you towards developing and unfolding. Some of you may be content to just Host your own Gatherings, but The Emerald Heart Light tends to push you gently into greater roles of bringing forth the Light into Earth. There are many steps you can take to open your heart, which then expands your consciousness and you can learn how to carry ever more of this Light, but Hosting your own Gathering is the first step where you can experience the Light first hand flooding your own sacred place.

## **Training**

Training is flexible and can be done by email and telephone consultation in order to get you started. At certain times it may be possible to attend a training day with David and other Teachers. At some point you will be invited to attend a session where you can 'Be in the Light' with David and other teachers in order to consolidate your foundations in the Light and help to plan your growth and future with The Emerald Heart Light.

Even if you have never done any spiritual work before, this can be as easy as holding a simple meditation to get you started. All you need is some like-minded people who want to experience being within the rays of a spiritual light and you're off. Your Mentor will guide you, where necessary and the Light will be seeded to you when you are ready to begin.

## **Investment and Support**

Your first Step into The Emerald Heart is about finding the courage to begin Hosting your Gatherings. When you have successfully learned how to take this step, at the appropriate time you will be invited to take a further step, which is Essence Practitioner Level. The Light is the most amazing teacher and there is no limit to how you can grow within yourself and as a powerful Light worker, if that is what you desire. This is a true spiritual path, offering you unlimited potential for expansion through the use of The Light, The Teachings and Tools of Transformation, which are the Essences.

At commencement you will make an investment to demonstrate your commitment to The Light, The Path and, most importantly, to your own growth and evolution of consciousness.

The investment is £250.00 or equivalent. This covers your Teacher's time to get you up and running and answer your initial questions. Most of the teachings will be through email or telephone initially. Your Teacher and Mentor may offer you the opportunity of a teaching day, but there would be a modest additional investment for this, and for most people, you won't need it.

As you begin to Host your Gatherings, the Light and Guidance will create situations in each Gathering that will often pose a small challenge to you, or create situations where you will feel uncomfortable and need answers and guidance. These little difficulties will be sent to you as learning opportunities by the Universe. Your Teachers are here to help you to learn the lessons through their own experience of the Light and how it teaches you. Through this process of constantly facing a small challenge, you learn about the Universal Laws and how they work and you will then learn to carry the Light and progress quickly.

## **The First Law of Evolution**

The First Law of Evolution is that: *You cannot walk the path alone.*

The Mystic Rumi also tells us this, in the saying:

*It will take a hundred years to walk a two day journey without a guide.*

We consider that after you have Hosted around three Gatherings, you will be well in the flow of the Light and learning to trust the process. Therefore, after this time, if you need any further help and guidance from your Mentor, and you will, as the universe brings you lessons, then you will invest in the time needed to support you at your Mentor's normal hourly rate.

## **Additional Support**

You will also have access to a Forum where other Emerald Heart Practitioners and Hosts will be able to help you. You will also have access to Teachings in the Forum.

## **Trade Marks and Copyright**

You will have the right to use the Trade Marked and Copyright materials of the Emerald Heart for your Gatherings.

## **Teachings Archive**

There is also an archive of Teachings, that will become available online soon.

## **Intent and Trust**

Your Intent is everything. Even if you are nervous, if you have the true desire and the intent to do this work, to 'allow' this light to pour through you, then the Light will truly be with you and your Gathering. All you need to do is Trust the Process.

This is a most amazing path and you will love the feel of the Light as it begins to open you. Therefore, just take one simple step at a time and don't worry about the future, as you have not created it yet.

With Love and Blessings  
David Ashworth