

The holding quality of The Mother

An Emerald Heart Essence

- ♥ **Key words** Holding quality and centred stillness
- ♥ **Received** July 30th 2016 at around 8.45pm
- ♥ **Location** The Broken Circle labyrinth, a monument of glacial boulders in the Netherlands, in memory of the Yde Girl. This labyrinth lies in the corner of a corn field on the Veenweg, between Vries and Yde, approximately 200 metres from where the Yde Girl was found (bog body, on display at the Drents Museum in Assen).
- ♥ **Mother** I received the vibration from the large corner stone, the 'mother stone' which supports the entire labyrinth and connects to the heart of Mother Earth via the central stone.



This essence heals pain from the past. It completes the circle that once began with pain from the past, from this life or past lives. It enables you to stand once more in your own centred stillness, your core, and effortlessly become a pillar of strength for your environment.

This essence transforms you into a monument in your honour. In honour of your life and the pain you have endured. You may let this pain go. You are allowed to stand in the centre of yourself, freed from the pain that once was there, and from that place be a holding presence for others, in all humility.

You perform this role from the side-line, without demanding attention but as a powerful presence. You support without having to do anything, just by being. Nothing more than simply being. Powerful, still, centred. The more centred in yourself you are, the more you can hold the other, and the more the other experiences you as a holding presence. You do not need to do anything more. Be, merely be in your core, that is all you have to do. This essence helps you in that.



Conclusion

This essence heals the pain from the past, enabling you to be at the core of yourself, at that place previously occupied by pain. This essence helps you deepen your inner presence in such a way that you reach the centred stillness within. As soon as you can be and live from this place, your environment will start to experience you as a holding presence, especially there where they cannot hold themselves as they are still too affected by the pain from their past.

The term Mother used in the name of this essence, refers to Mother Earth.

With reverence and respect,

Harriët Kroon

- ♥ Feel free to order another bottle if your heart requests it, you can trust your heart.